

Crisis and Support Services

This list of services is a starting point for people seeking assistance on a broad range of issues:

- Women's Domestic Violence Crisis Services — 1800 015 188 or 9322 3555
- Life Line — 13 11 14
- Men's Referral Service — 1800 065 973
- Sexual Assault Assist Line — 1800 806 292
- Beyond Blue Info Line — 1300 22 4636
- Kids Helpline — 1800 55 1800
- Victims of Crime Helpline — 1800 819 817
- Suicide Helpline Victoria — 1300 651 251
- MensLine — 1300 789 978
- The Immigrant Women's Domestic Violence Service — 1800 755 988
- Aboriginal Family Violence Prevention & Legal Services Victoria — 9244 3333 or 1800 105 303
- Victorian Homelessness Network (including crisis accommodation) — 1800 825 955
- Gay and Lesbian Switchboard — 1800 184 527
- Victorian Aboriginal Legal Service — 1800 064 865
- Headspace Youth Services Barwon — 5226 7410
- Barwon Community Legal Service — 5221 4744
- Barwon Centre Against Sexual Assault — 1800 806 292

If you are in immediate danger, **DIAL 000 for emergency services**